

Alexander Jeffrey Lampley, MD

Orthopaedic Associates of St. Augustine

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PROFESSIONAL EXPERIENCE

Orthopaedic Associates of St. Augustine, St. Augustine, FL 08/2020-present
Orthopaedic Surgeon, Hand and Upper Extremity Sub-specialization

PROFESSIONAL TRAINING

Indiana Hand to Shoulder Center, Indianapolis, IN 08/2018-07/2019
Fellowship in Hand and Upper Extremity

Duke University Medical Center, Durham, NC 07/2013-06/2018
Orthopaedic Surgery Residency Program

EDUCATION

Jefferson Medical College of Thomas Jefferson University, Philadelphia, PA 08/2009-5/2013
Doctor of Medicine
Cum Laude

Bucknell University, Lewisburg, PA 08/2005-05/2009
Bachelor of Science in Biochemistry/Cell Biology
Minor in Philosophy
Cum Laude

BOARD CERTIFICATION/LICENSING EXAMINATIONS

ABOS Part I and II, Passed, *Board Certified* 08/19/2021
USMLE Step 3, Passed 11/20/2013
USMLE Step 2 CK, Passed 11/27/2012
USMLE Step 2 CS, Passed 07/06/2012
USMLE Step 1, Passed 06/18/2011

SCHOLARLY SOCIETIES

National

Alpha Omega Alpha National Honor Society 2012

Institutional

George McClellan Surgical Honor Society, Jefferson Medical College 2012

Hobart Amory Hare Medical Honor Society, Jefferson Medical College 2011

Phi Sigma Biological Science Honor Society, Bucknell University	2009
Alpha Lambda Delta National Freshman Honor Society, Bucknell University	2006

HONORS AND AWARDS

James Urbaniak Research Excellence Award, Duke Orthopedic Surgery	2018
William T. Hardaker, Jr. Resident Scholar, Piedmont Orthopedic Society	2018
5 th Annual Extremity Summit Best Resident Research Award	2016
ASSH Resident Scholar	2016
AOFAS Resident Scholar	2015
35 th Oscar Miller Day Symposium Resident Abstract Finalist	2015
TJU Franklin and Lily Chinn Scholar	2011-2013
Bucknell Men's Water Polo, Coaches Award	2009
NCAA Division 1 Men's Water Polo Team Captain, Bucknell University	2008-2009
Collegiate Water Polo Coaches All-Academic Team	2005-2009
Dean's List, Bucknell University	2005-2009
Collegiate Water Polo Coaches All-Academic Team for Superior GPA	2005-2009

ORGANIZATIONS AND PARTICIPATION

Course Instructor, Anatomy of the Lower Extremity, Duke University, Durham, NC	2016
Co-Editor in Chief, <i>Duke Orthopaedic Journal</i>	2015-2016
Team Physician, North Carolina Central University, Durham, NC	2015-2016
Team Physician, Northern High School, Durham, NC	2015-2016

PROFFESIONAL AFFILIATIONS

Candidate Member, <i>American Society for Surgery of the Hand</i>	2017-present
Resident Member, <i>American Academy of Orthopaedic Surgeons</i>	2013-present

RESEARCH GRANTS AND FUNDING

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|---|-----------------------|---------------|
| 1. Piedmont Orthopedic Foundation | Award: \$10,000 | February 2017 |
| Study: <i>Synovial fluid analysis after acute intraarticular elbow fracture</i> | | |
| Role: Co-investigator | PIs: Marc Richard, MD | |

PEER-REVIEWED JOURNAL ARTICLES

1. Wahl EP, **Lamley** AJ, Chen A, Adams SB, Nettles DL, Richard MJ. Inflammatory cytokines and matrix metalloproteinases in the synovial fluid after intra-articular elbow fracture. *J Shoulder Elbow Surg.* 2020 Apr;29(4):736-742.
2. Klement MR, Bullock WM, Nickel BT, **Lamley** A, Seyler TM, Green CL, Wellman SS, Bolognesi MP, Grant SA. Continuous adductor canal blockade facilitates increased home discharge and decreased opioid consumption after total knee arthroplasty. *Knee.* 2019 Jun;26(3):679-686.

3. **Lampley A**, Penrose C, Watters T, Green CL, Wellman S, Chen AF. Osteoporosis Patients have Higher Rates of Periprosthetic Fracture but Lower Rates of All-cause Revision Surgery following Total Knee Arthroplasty. *The Duke Orthop J* 2018;8(1):37-42.
4. **Lampley A**, Dekker T, Catanzano A, Adams S. Open Ankle Fractures with Loss of the Medial Malleolus: A Case Series on a Rare Injury. *The Duke Orthop J* 2018;8(1):28-32.
5. **Lampley A**, Brubacher J, Dekker T, Richard M, Garrigues G. The radiocapitellar synovial fold: a lateral anatomic landmark for sizing radial head arthroplasty. *J Shoulder Elbow Surg.* 2018 Sep;27(9):1686-1693.
6. Dial B, **Lampley A**, Green CL, Hallows R. Intra-wound Vancomycin Powder in Primary Total Hip Arthroplasty Increases Rate of Sterile Wound Complications. *Hip Pelvis.* 2018 Mar;30(1):37-44.
7. Matson, A, Dekker TJ, **Lampley A**, Richard M, Leversedge F, Ruch, D. Diagnosis and Arthroscopic Management of Dorsal Wrist Capsular Impingement. *J Hand Surg Am.* 2017 Mar;42(3):e167-e17
8. Dekker T, Avashia Y, Mithani S, Matson A, **Lampley A**, Adams S. Single-Stage Bipedicle Local Tissue Transfer and Skin Graft for Achilles Tendon and Posterior Heel Wound Complications. *Foot Ankle Spec.* 2017 Feb;10(1):46-50
9. **Lampley A**, Gross C, Green C, Adams S, DeOrio J, Easley M, Nunley J. Association of Cigarette Use and Complication Rates and Outcomes Following Total Ankle Arthroplasty. *Foot Ankle Int.* 2016 Oct;37(10):1052-1059.
10. Richard M, **Lampley A**, Patel P, Riikka N, Mithani S, Leversedge F, Ruch D. The Importance of the Palmar Lunate Facet in the Treatment of Distal Radius Fractures. *The Duke Orthop J.* 2016;6(1):56-60.
11. Gross CE, **Lampley A**, Green CL, DeOrio JK, Easley M, Adams S, Nunley JA 2nd. The Effects of Obesity on Functional Outcomes and Complications in Total Ankle Arthroplasty. *Foot and Ankle Int.* 2016;37(2):137-41.
12. **Lampley A**, Huang RC, Arnold WV, Parvizi J. Total Joint Arthroplasty: Should Patients Have Preoperative Dental Clearance? *J Arthroplasty.* 2014;29(6):1087-90.

BOOK CHAPTER PUBLICATIONS

1. **Lampley A**, Kleeman L, Bolognesi M, Hofmann A. Cementless Total Knee Arthroplasty, in *Minimally Invasive Surgery in Orthopedics* (Scuderi GR and Tria AJ, eds). 2016, Springer International Publishing: Cham. p. 1-12.
2. **Lampley A**, Gross CE, Klement M, Easley ME. Clinical Examination. In: *Foot and Ankle Sports Orthopaedics* (Valderrabano V and Easley ME, eds.). 2016, Springer International Publishing: Cham. p. 39-48.
3. Dekker T, **Lampley A**, Godin JA, Easley ME. Acute Ankle Instability/Ankle Sprain in Athletes. In: *Foot and Ankle Sports Orthopaedics* (Valderrabano V and Easley ME, eds.). 2016, Springer International Publishing: Cham. p. 249-256.

PODIUM PRESENTATIONS

National and International Meetings

1. **Lampley A**, Brubacher J, Richard M, Garrigues G. The Radiocapitellar Synovial Fold: A Lateral Landmark for Sizing Radial Head Arthroplasty. American Shoulder and Elbow Surgeons Annual Meeting, New Orleans, LA. October 11-14, 2017.
2. **Lampley A**, Gross C, Green C, Adams S, DeOrio J, Easley M, Nunley J. Is Cigarette Use Associated with Increased Complication Rates and Poorer Patient Outcomes Following Total Ankle Arthroplasty? American Orthopaedic Foot and Ankle Society Annual Meeting, Toronto, Canada, July 20-23, 2016.
3. Huh J, Gross, C, **Lampley A**, Adams S, Nunley J, Easley M. Sparing the Naviculocuneiform Joint during Medial Column Stabilization in Patients with Concomitant Rigid Flatfoot and Hallux Valgus Deformities. American Orthopaedic Foot and Ankle Society Annual Meeting, Toronto, Canada, July 20-23, 2016.
4. Bullock WM, Grant SA, Klement MR, Nickel BT, **Lampley A**, Martin G, Seyler T, Bolognesi, M. Oral Opioids Are Superior to PCA IV Opioids for Ambulation Following Total Knee Arthroplasty as a Component of a Multimodal Analgesic Pathway. American Society of Regional Anesthesia and Pain Medicine Annual Meeting, New Orleans, LA. March 31, 2016.
5. Bullock WM, Grant SA, Klement MR, Nickel BT, **Lampley A**, Dooley JR, Seyler T, Bolognesi M. Adductor Canal Catheter Improves Ambulation Following Total Knee Arthroplasty Compared to Local Infiltration Analgesia with Liposomal Bupivacaine. American Society of Regional Anesthesia and Pain Medicine Annual Meeting, New Orleans, LA. March 31, 2016.
6. Gross C, **Lampley A**, DeOrio J, Easley M, Nunley J. Results of Treatment of Bone Cysts after Total Ankle Arthroplasty. American Orthopaedic Foot and Ankle Society Annual Meeting, Long Beach, CA July 15-18, 2015.
7. **Lampley A**, Huang R, Parvizi J, Arnold WV. Total Joint Arthroplasty: Should Patients Have Preoperative Dental Clearance? The European Bone & Joint Infection Society, Copenhagen, Denmark September 15-17 2011.
8. **Lampley A**, Huang R, Parvizi J, Arnold WV. Total Joint Arthroplasty: Should Patients Have Preoperative Dental Clearance? Musculoskeletal Infection Society, Rochester, MN August 5-6 2011.

Regional and Local Meetings

1. Matson A, Dekker T, **Lampley A**, Richard M, Leversedge F, Ruch D. Diagnosis and Arthroscopic Management of Dorsal Wrist Capsular Impingement. Eastern Orthopaedic Association 47th Annual Meeting, New Orleans, LA, October 19-22, 2016.
2. Klement MR, Nickel BT, **Lampley A**, Bullock WM, Sata S, Wellman S, Seyler TM, Grant S, Bolognesi MP. Does a Comprehensive Enhanced Recovery Protocol Reduce Length of Stay in Primary Total Knee Arthroplasty? Eastern Orthopaedic Association 47th Annual Meeting, New Orleans, LA, October 19-22, 2016.
3. **Lampley A**, Dial B, Bolognesi M, Hallows R. Reduction of Early Periprosthetic Joint Infection after Total Hip Arthroplasty With the Use of Intrawound Vancomycin Powder. North Carolina Orthopaedic Association Annual Meeting, Pinehurst, NC, October 7-9, 2016.
4. **Lampley A**, Gross C, Green C, Adams S, DeOrio J, Easley M, Nunley J. Is Cigarette Use Associated with Increased Complication Rates and Poorer Patient Outcomes Following Total Ankle Arthroplasty? 5th Annual Extremity Summit Resident and Fellow Course. White Sulphur Springs, WV, June 3, 2016.

5. **Lampley A**, Huh J, Gross C, Adams S, DeOrio J, Nunley J, Easley M. Predictors of Nonunion in Midfoot Arthrodesis. 35th Annual Oscar Miller Day, Charlotte, NC. October 30, 2015.
6. Klement MR, Nickel BT, **Lampley A**, Bullock WM, Sata S, Wellman S, Seyler TM, Grant S, Bolognesi MP. Does a Comprehensive Enhanced Recovery Protocol Reduce Length of Stay in Primary Total Knee Arthroplasty? North Carolina Orthopaedic Association Annual Meeting, Kiawah Island, SC. October 10, 2015.
7. **Lampley A**. Case Presentation: Chondrosarcoma after Total Knee Arthroplasty. The Seventh Annual Emily Berend Adult Reconstruction Symposium, Durham, NC April 10-11, 2015.
8. **Lampley A**, Huang R, Parvizi J, Arnold WV. Total Joint Arthroplasty: Should Patients Have Preoperative Dental Clearance? Orthopaedic Association, Williamsburg, VA October 19-22, 2011.
9. **Lampley A**, Huang R, Parvizi J, Arnold WV, Sharkey PF. Total Joint Arthroplasty: Should Patients Have Preoperative Dental Clearance? Meeting of The Hip Society Summer Scientific Meeting, New Albany, OH September 22-24, 2011.

POSTER PRESENTATIONS

National and International Meetings

1. Brubacher J, **Lampley A**, Blizzard D, Garrigues G, Richard M. The Radiohumeral Synovial Fold: A Lateral Anatomic Landmark for Sizing Radial Head Arthroplasty. American Association for Hand Surgery Annual Meeting, Waikoloa, HI, January 10-14, 2017.
2. Bullock, WM, Grant, SA, Klement, MR, Nickel, BT, **Lampley A**, Dooley J, Seyler, T, Bolognesi MP. Adductor Canal Catheter Improves Ambulation Following Total Knee Arthroplasty Compared to Local Infiltration Analgesia with Liposomal Bupivacaine. American Society of Anesthesiologists Annual Meeting, Chicago, IL, October 23, 2016.
3. Bullock, WM, Grant, SA, Klement, MR, Nickel, BT, **Lampley A**, Martin, G, Seyler, T, Bolognesi MP. Oral Opioids are Superior to PCA IV Opioids for Ambulation Following Total Knee Arthroplasty As a Component of a Multimodal Analgesic Pathway. American Society of Anesthesiologists Annual Meeting, Chicago, IL, October 23, 2016.
4. Matson A, Dekker T, **Lampley A**, Richard M, Leversedge F, Ruch D. Diagnosis and Arthroscopic Management of Dorsal Wrist Capsular Impingement. American Society for Surgery of the Hand Annual Meeting, Austin, TX, September 29-October 1, 2016.
5. Gross C, Huh J, Shi G, **Lampley A**, Green C, Adams S, DeOrio J, Easley M, Nunley J. Secondary Procedures in Third Generation Total Ankle Arthroplasties. American Orthopaedic Foot and Ankle Society Annual Meeting, Toronto, Canada, July 20-23, 2016.
6. Gross C, **Lampley A**, Green C, Adams S, DeOrio J, Easley M, Nunley J. The Effect of Obesity on Functional Outcomes and Complications in Total Ankle Arthroplasty. American Orthopaedic Foot and Ankle Society Annual Meeting, Long Beach, CA July 15-18, 2015.
7. Huh J, Gross C, **Lampley A**, Adams S, DeOrio J, Easley M, Nunley J. Predictors of Nonunion in Midfoot Arthrodesis. American Orthopaedic Foot and Ankle Society Annual Meeting, Long Beach, CA July 15-18, 2015.
8. Adeli B, Tokarski A, Shah S, **Lampley A**, Deirmengian GK, Hozack W, Parvizi J. Dental Clearance Prior to Elective Arthroplasty: Needed for Everyone? American Academy of Orthopaedic Surgeons Annual Meeting, Chicago, IL March 19-23, 2013