



STEPHEN ARNDT, M.D.
CURRICULUM VITAE

Current Position

Southeast Orthopedic Specialists
October 2019- Present

Office Addresses

10475 Centurion Parkway N, Suite 220
Jacksonville, FL 32256

2627 Riverside Avenue, Suite 300
Jacksonville, FL 32204

232 Ponte Vedra Park Drive
Ponte Vedra Beach, FL 32082

Past Positions

DuPage Medical Group Department of
Orthopaedics
August 2011-September 2019

Undergraduate Education

Wake Forest University
BA Physics with minor in Chemistry and
Mathematics
August 1997 - May 2001

Loyola University Stritch School of
Medicine
Doctor of Medicine
July 2001 - June 2005

Post Graduate Education

University of Florida Health and Science
Center- Jacksonville, FL
July 2005 -June 201

Stephen Arndt, M.D.
Curriculum Vitae - Page 2

Post Graduate Education Continued

The Cleveland Clinic Foundation
Foot and Ankle/Lower Extremity Orthopaedic
Fellowship
July 2010- July 2011

Licensure/Certification

Licensed Physician State of Illinois
036-127532

Fellowships

Foot and Ankle Fellowship
Cleveland Clinic Foundation

Board Certifications

American Board of Orthopaedic Surgery
July 2013

Research Experience

UF HSC - JAX
Incidence of orthopaedic injuries in high level
motocross athletes, 10 year results
- an injury prevalence and surveillance article
with Dr. Stephen Augustine, Jacksonville
Orthopaedic Institute,
Jacksonville, FL

Interobserver agreement in the levels of
evidence rating system in JBJS at an
orthopaedic resident level, a prospective
randomized trial with Dr. John Kirkpatrick,
professor and chairman Orthopaedic
Surgery at UF HSC Jacksonville



Stephen Arndt, M.D.
Curriculum Vitae - Page 3

Hospital/ Clinical Privileges

Center One Surgery Center
Jacksonville, FL 32256

Ascension St. Vincent's
Medical Center Southside
Jacksonville, FL 32256

Ascension St. Vincent's
Medical Center Riverside
Jacksonville, FL 32204

Central DuPage Hospital
Winfield, IL 60190

Edward Hospital
Naperville, IL 60540

Awards / Honors

Wake Forest University
Magna Cum Laude

Publications

Arndt SR, Patney MJ. **Efficacy of an issue Link Bipolar Sealer in Reducing Post Transfusion Rates in Total Joint Arthroplasty** In submission, *Transfusion Medicine*, April 2009

Streubel P, Arndt, S, Armitage M, Wilson C, Galdden P. **Fatal Knee Dislocation in a Morbidly Obese Jehovah's Witness.** *Published, Obesity Surgery*, October 2008

Stephen Arndt, M.D.
Curriculum Vitae - Page 4

Presentations

Arndt SR, Greisler H

Fibrin Growth Factor-1 as a Growth Stimulant for Vascular Epithelial Cells.

Presented at Loyola University Stritch School of Medicine Annual Research Day, October 1998, Maywood, IL

Arndt SR, Puckett BP

Outcomes of Volar Plating for Distal Radius Fractures. UFHSC-JAX Annual

Research Day 2006, Jacksonville, FL

Arndt SR, Wilson CH, Griffiths,

Patney MJ **Grading of Articular Cartilage on**

MRI as Compared to Gross Pathologic Specimens. Florida Orthopaedic Society

Annual Meeting, May 2008

Key Largo, FL

Arndt SR, Patney MJ. **Efficacy of a Tissue**

Link Bipolar Sealer in Reducing Post Transfusion Rates in Total Joint Arthroplasty.

Southern Orthopaedic Association Annual Meeting, June 2008

Hot Springs, VA

Arndt SR, Wilson CH, Griffiths, Patney MJ,

Grading of Articular Cartilage on MRI as Compared to Gross Pathologic

Specimens. Finalist Resident Paper

Reward, accepted for presentation at

Eastern Orthopaedic Association Annual

Meeting, October 2008, Las Vegas, NV



Stephen Arndt, M.D.
Curriculum Vitae - Page 5

Jalota S, Arndt SR, Berrey BH, Davis B, Delaney DC, Yetkinler DN. **A Skeletal Drug Delivery System: Gentamicin and Vancomycin Incorporated Calcium Phosphate Cement.**

Orthopaedic Trauma Association
Annual Meeting, October 2008
Denver, CO

Arndt SR, Patney MJ. **Efficacy of a Tissue Link Bipolar Sealer in Reducing Post Transfusion Rates in Total Joint Arthroplasty.** UFHSC-JAX Annual Research Day 2008, Jacksonville, FL

Arndt SR, Patney MJ. **Efficacy of a Tissue Link Bipolar Sealer in Reducing Post Transfusion Rates in Total Joint Arthroplasty.** Eastern Orthopaedic Association Annual Meeting, June 2009, Paradise Island Bahamas

