

Curriculum Vitae

John M. Redmond, M.D.

Professional Address: Southeast Orthopedic Specialists
2627 Riverside Ave, Suite 300
Jacksonville, FL 32204

Education

M.D. University of Minnesota Medical School, Minneapolis, MN (2002-2006)

B.S., B.A. University of Minnesota-Duluth (1996-2000)
Majors in Biochemistry and Economics
Summa Cum Laude

Post Graduate Education

Orthopedic Surgery (2006-2011)
Department of Orthopedic Surgery
Mayo Graduate School of Medicine
Rochester, Minnesota

Chicago Comprehensive Hip Fellowship (2013-2014)
American Hip Institute of Chicago
Westmont, Illinois

Certifications

Diplomate of the American Board of Orthopedic Surgery (7/2013)

Faculty Appointments

St. Luke's Hospital (8/2011 – 8/2013)
Department of Orthopedic Surgery
Orthopedic Surgeon

Mayo Clinic Jacksonville (8/2014-10/2016)
Department of Orthopedic Surgery
Orthopedic Surgeon
Assistant Professor of Orthopedic Surgery

Southeast Orthopedic Specialists (11/2016-present)
Hip and Knee Surgeon

Research Experience

University of Minnesota Medical School (6/03 – 9/03)
Department of Orthopedic Surgery
Research Assistant
Medial knee anatomy, Development of a varus knee arthrometer,
posterolateral knee injury incidence, cartilage stem cell transplantation
Advisor: Robert LaPrade, M.D., Ph.D.

University of Minnesota-Duluth
Department of Biochemistry and Molecular Biology
Research Assistant
Endocytic and secretory transport regulation

Chicago Comprehensive Hip and Sports Medicine Fellowship (2013-2014)
Hip Arthroscopy and Hip Preservation
Robotic Assisted Hip Replacement

Awards and Honors

Excellence in Teaching Award. University of Florida Jacksonville Orthopedic Residency Program. 2016

Excellence in Teaching Award. University of Florida Jacksonville Orthopedic Residency Program. 2015

Mayo Clinic Orthopedic Residency Achievement Award for Knowledge in Orthopedic Surgery [2011](#)

Mayo Clinic Orthopedic Residency Achievement Award for Clinical Competency [2011](#)

Mayo Trauma Program, Resident of the Year [2011](#)

Mayo Clinic Joseph M. Janes Award [2011](#)

Alpha Omega Alpha Medical Honor Society [2006](#)

Wallace D. Armstrong Award for Outstanding Academic Performance in Biochemistry [2000](#)

Senior Award for Outstanding Achievement in Biochemistry and Molecular Biology [2000](#)

Outstanding Senior in Economics [2000](#)

Casmir Ilenda Award for Outstanding Achievement in Undergraduate Research [2000](#)

American Chemical Society Organic Chemistry Award [1998](#)

Chemical Rubber Company Freshman Chemistry Achievement Award [1997](#)

Team Coverage

Team Physician, Ponte Vedra High School (2016-present)

Team Physician, WNBA Chicago Sky (2013-2014)

Team Physician, Hinsdale Central High School (2013-2014)

Team Physician, Ponte Vedra High School (2016-present)

Presentations

Return to Sports in a General Hip Arthroscopy Cohort: Minimum 2-year follow up. **Redmond JM**, Dunne K, Martin T, Gui C, Stake C, Domb BG. American Orthopaedic Society for Sports Medicine Annual Meeting. Orlando, FL, July 2015. (Podium Presentation)

Understanding the contraindication to hip arthroscopy: How much arthritis is too much? **Redmond JM**. 29th Annual Kerlan Jobe Alumni Research Conference. Orlando, FL, July 2015. (Podium Presentation)

Does Revision Hip Arthroscopy Result in Improved Clinical Outcomes? Gupat A, **Redmond JM**, Dunne KF, Stake C, Domb BG. American Orthopaedic Society for Sports Medicine Annual Meeting. Orlando, FL, July 2015. (Poster Presentation)

Risk Factors for Early Conversion to Total Hip Arthroplasty following Hip Arthroscopy. **Redmond JM**, Gupta A, Dunne KF, Stake C, Domb BG. American Orthopaedic Society for Sports Medicine Annual Meeting. Orlando, FL, July 2015. (Poster Presentation)

A Matched-Pair Controlled Study of Arthroscopic Psoas Tenotomy with Minimum 2-Year Follow-Up. **Redmond JM**, Gupta A, Schwartz A, Finch N, Domb BG. American Orthopaedic Society for Sports Medicine Annual Meeting. Orlando, FL, July 2015. (Poster Presentation)

A Matched-Pair Controlled Study of Arthroscopic Psoas Tenotomy with Minimum 2-Year Follow-Up. **Redmond JM**, Gupta A, Schwartz A, Finch N, Domb BG. Arthroscopy Association of North American Annual Meeting. Los Angeles, CA, April 2015. (Podium Presentation)

Heterotopic Ossification Excision Following Hip Arthroscopy Keegan M, **Redmond JM**, Gupta A, Hammarstedt JE, Domb BG. Mid America Orthopedic Association. Thirty-Third Annual Meeting April 22-26, 2015 Hilton Head, SC. (Podium Presentation)

Return to Sports After Hip Arthroscopy with a Minimum Two-Year Follow-Up . Domb BG, Dunne KF, Finch NA, Gupta A, **Redmond JM**, Stake CS, Cregar W. Mid America Orthopedic Association. Thirty-Third Annual Meeting April 22-26, 2015 Hilton Head, SC. (Podium Presentation)

Outcomes of Endoscopic Treatment for Greater Trochanteric Pain Syndrome: Minimum of Two-Year Follow-Up. Domb BG, Lindner D, Schwindel LE, Stake CE, El Bitar Y, **Redmond JM**. Mid America Orthopedic Association. Thirty-Third Annual Meeting April 22-26, 2015 Hilton Head, SC. (Podium Presentation)

Safety Measures in Hip Arthroscopy and Their Efficacy in Minimizing Complications: A Systematic Review of the Evidence. Gupta A, **Redmond JM**, Hammarstedt JE, Schwindel LE, Domb BG. Mid America Orthopedic Association. Thirty-Third Annual Meeting April 22-26, 2015 Hilton Head, SC. (Podium Presentation)

Liposomal Bupivacaine injection versus Bupivacaine Injection alone after a total hip arthroplasty: A Comparative Cohort Study Using Prospectively Collected Data. **Redmond JM**, Gupta A, Hammarstedt J, Sharp K, Domb BG. American Academy of Orthopedic Surgeons Annual Meeting. Las Vegas, NV, March 2015. (Podium Presentation)

Clinical Results of Hip Arthroscopy for Labral Tears: A Comparison Between Intraoperative Platelet-Rich Plasma and Bupivacaine Injection. **Redmond JM**, Gupta A, Stake CS, Botser I, Domb BG. American Academy of Orthopedic Surgeons Annual Meeting. Las Vegas, NV, March 2015. (Podium Presentation)

Does Obesity Affect Outcomes in Hip Arthroscopy? A Matched-Pair Controlled Study with Two-year Minimum Follow Up. Gupta A, **Redmond JM**, Hammarstedt J, Domb BG. American Academy of Orthopedic Surgeons Annual Meeting. Las Vegas, NV, March 2015. (Poster Presentation)

Two-year Clinical Follow Up on All Revision Hip Arthroscopies Performed at a High Volume Referral Center. Domb BG, **Redmond JM**, Hammarstedt J, Stake, CS, Gupta A. American Academy of Orthopedic Surgeons Annual Meeting. Las Vegas, NV, March 2015. (Poster Presentation)

Does Primary Hip Arthroscopy Result in Improved Clinical Outcomes? Two-year Follow Up on 738 Consecutive Patients. Domb BG, Dunne KF, **Redmond JM**, Stake CS, Gupta A. American Academy of Orthopedic Surgeons Annual Meeting. Las Vegas, NV, March 2015. (Poster Presentation)

Liposomal Bupivacaine injection versus Bupivacaine Injection alone after a total hip arthroplasty: A Comparative Cohort Study Using Prospectively Collected

Data. **Redmond JM**, Gupta A, Stake CS, Domb BG. ICJR Pan Pacific Conference, Kona, HI, 2014. (Podium Presentation)

Microfracture of the Hip: ^{SEP}A 2-Year Follow-up with a Matched-Pair Control Group. Benjamin G. Domb MD, Asheesh Gupta MD, MPH, Kevin F. Dunne BS, Christine E. Stake MA, **John M. Redmond MD**. American Orthopaedic Society for Sports Medicine. Seattle, WA, 2014. (Podium Presentation)

Recurrence of Cam Lesions: A 2-Year Follow-up. Asheesh Gupta MD, MPH, **John M. Redmond MD**, Kevin F. Dunne BS, Nathan Finch MA, Christine E. Stake MA, Benjamin G. Domb MD. American Orthopaedic Society for Sports Medicine. Seattle, WA, 2014. (Podium Presentation)

Leg Length Discrepancy Following THA: Comparing Anterior, Posterior, and Robotic-Assisted Posterior Approaches. Asheesh Gupta, MD, Benjamin G. Domb, MD, Youssef F. El Bitar, MD, Timothy J. Jackson, MD, Dror Lindner, MD, **John M. Redmond, MD**. American Orthopedic Association. Montreal, Quebec 2014 (Podium Presentation)

Clinical Outcomes of Hip Arthroscopy With Microfracture: A Matched-Pair Controlled Study With Minimum 2-Year Follow-Up. Benjamin Domb, MD, Asheesh Gupta, MD, Kevin Dunne, BS, **John Redmond, MD**, Christine Stake, MA. American Orthopedic Association. Montreal, Quebec 2014 (Podium Presentation)

The Learning Curve Associated with Robotic-Assisted Total Hip Arthroplasty. **John M Redmond, M.D.** Asheesh Gupta, M.D. J.E. Hammarstedt, A. Petrakos, Christine E. Stake, MA, Benjamin G. Domb, M.D. 14th Annual Computer Assisted Orthopedic Surgery.C.A.O.S. Meeting - Milan, Italy 2014 (Poster Presentation)

Does Robotic-Assisted Computer-Navigation Affect Acetabular Cup Positioning in Total Hip Arthroplasty in the Obese Patient? A Comparison Study. **John M Redmond, M.D.** Asheesh Gupta, M.D. J.E. Hammarstedt, A. Petrakos, Christine E. Stake, MA, Benjamin G. Domb, M.D. 14th Annual Computer Assisted Orthopedic Surgery.C.A.O.S. Meeting - Milan, Italy 2014 (Poster Presentation)

Arthroscopic acetabuloplasty and labral refixation without labral detachment: Does maintaining the chondro-labral interface influence clinical results? **John Redmond, M.D.** Youssef F. El Bitar, M.D. Asheesh Gupta, M.D. Christine E. Stake, MA, Benjamin G. Domb, M.D. American Academy of Orthopedic Surgery. New Orleans, Louisiana. 2014. (Poster Presentation)

Arthroscopic acetabuloplasty and labral refixation without labral detachment:

Does maintaining the chondro-labral interface influence clinical results? **John Redmond, M.D.** Youssef F. El Bitar, M.D. Asheesh Gupta, M.D. Christine E. Stake, MA, Benjamin G. Domb, M.D. American Association of Hip and Knee Surgeons Annual Meeting.. Dallas, Texas, 2013. (Poster Presentation)

Arthroscopic acetabuloplasty and labral refixation without labral detachment: Does maintaining the chondro-labral interface influence clinical results? **John Redmond, M.D.** Youssef F. El Bitar, M.D. Asheesh Gupta, M.D. Christine E. Stake, MA, Benjamin G. Domb, M.D. International Society for Hip Arthroscopy. Munich, Germany, 2013. (Podium Presentation)

Leg Length Discrepancy Following THA: Comparing Anterior, Posterior, and Robotic-Assisted Posterior Approaches. Benjamin G. Domb, MD, Youssef F. El Bitar, MD, Timothy J. Jackson, MD, Dror Lindner, MD, **John M. Redmond, MD** International Society for Technology in Arthroplasty. West Palm Beach, FL, 2013. (Podium Presentation)

Radiographic Results of Total Hip Arthroplasty Using the MAKO Robotic Guidance System. Youssef F. El Bitar, MD, Timothy J. Jackson, MD, Dror Lindner, MD, Itamar B. Botser, MD, **John M. Redmond, MD**, Benjamin G. Domb, MD. International Society for Technology in Arthroplasty. West Palm Beach, FL, 2013. (Poster Presentation)

Publications

Multicenter Analysis of Midterm Clinical Outcomes of Arthroscopic Labral Repair in the Hip: Minimum 5 Year Follow-up. Hevesi M, Krych AJ, Johnson NR, **Redmond JM**, Hartigan DE, Levy BA, Domb BG. American Journal of Sports Medicine. 2018 Feb

Aging spine poses challenges for acetabular cup positioning. **Redmond JM.** et al. Orthopedics Today. 2017 Aug 1

What Factors Predict Conversion to THA After Arthroscopy? **Redmond JM,** Gupta A, Dunne K, Humayun A, Yuen LC, Domb BG. Clinical Orthopedics and Related Research. 2017 July 7.

Outcomes of heterotopic ossification excision following revision hip arthroscopy. **Redmond JM,** Keegan MA, Gupta A, Worsham JR, Hammarstedt JE, Domb BG. J Hip Preserv Surg. 2017 Apr 12;4(2)

Arthroscopic Treatment of Hip Pain in Adolescent Patients With Borderline Dysplasia of the Hip. 2 Year Follow-Up. Evans PT, **Redmond JM**, Hammarstedt JE, Liu Y, Chaharbakhshi EO, Domb BG. Arthroscopy. 2017 Aug;33(8):1530-1536.

Patient reported outcomes for patient who returned to sport compared with those who did not after hip arthroscopy. Domb BG, Dunne KF, Martin TJ, Gui C, Finch NA, Vemula SP, **Redmond JM**. J Hip Preserv Surg. 2016 Feb 17;3(2):124-31.

Chondral Lesions of the Hip. Logan ZS, **Redmond JM**, Spelsberg SC, Jackson TJ, Domb BG. Clin Sports Med. 2016 Jul;35(3):361-372

Accuracy of Component Placement in Robotic-Assisted Total Hip Arthroplasty. **Redmond JM**, Gupta A, Hammarstedt JE, Petrakos A, Stake CE, Domb BG. Orthopedics. 2016 May 1;39(3):193-9

Outcomes of Revision Hip Arthroscopy: 2-Year Clinical Follow-up. Gupta A, **Redmond JM**, Stake CE, Dunne KF, Hammarstedt JE, Domb BG. Arthroscopy. 2016 May;32(5):788-97

Does Labral Size Correlate With Degree of Acetabular Dysplasia? Gupta A, Chandrasekaran S, **Redmond JM**, Hammarstedt JE, Cramer TL, Liu Y, Domb BG. Orthop J Sports Med. 2015 Feb 24;3(2)

Survey mode influence on patient-reported outcome scores in orthopedic surgery; telephone result may be positively biased. Hammarstedt JE, **Redmond JM**, Gupta A, Dunne KF, Vemula SP, Domb BG. Knee Surg Sports Traumatol Arthrosc. 2017 Jan;25(1):50-54.

Accuracy of Component Positioning in 1980 Total Hip Arthroplasties: A Comparative Analysis by Surgical Technique and Mode of Guidance. Domb BG, **Redmond JM**, Louis SS, Alden KJ, Daley RJ, LaReau JM, Petrakos AE, Gui C, Suarez-Ahedo C. J Arthroplasty. 2015 Dec;30(12):

Greater Trochanteric Pain Syndrome. **Redmond JM**, Chen A, Domb BG. Journal of the American Academy of Orthopedic Surgeons. 2016 Apr 24

Concomitant Hip Arthroscopy and Periacetabular Osteotomy. Domb BG, LaReau J, Gupat A, Hammarstedt JE, **Redmond JM**. Arthroscopy. (Accepted for publication)

Best Practices During Hip Arthroscopy: Aggregate Recommendations of High-Volume Surgeons. Gupta A, Suarez-Ahedo C, **Redmond JM**, Gerhardt MB, Hanypsiak B, Stake CE, Finch NA, Domb BG. *Arthroscopy*. 2015 May 13

Arthroscopic ligamentum teres reconstruction of the hip in Ehlers-Danlos syndrome: a case study. Hammarstedt JE, **Redmond JM**, Gupta A, Domb BG. *Hip Int*. 2015 May 26;25(3):286-91

Endoscopic Pubic Symphysectomy for Recalcitrant Osteitis Pubis. Gupta A, **Redmond JM**, Hammarstedt JE, Suarez-Ahedo C, Martin TJ, Matsuda DK, Domb BG. *Arthroscopic Techniques*. 2015 Mar; 16:4(2) 115-117.

Redmond JM, Cregar WM, Martin TJ, Vemula SP, Gupta A, Domb BG. Arthroscopic Labral Reconstruction of the Hip using Semitendinosus Allograft. *Arthroscopic Techniques*. (In Press)

Gupta A, **Redmond JM**, Hammarstedt JE, Stake CE, Domb BG. Does Primary Hip Arthroscopy Result in Improved Clinic Outcomes? 2-Year Coincidental Follow-up on a Mixed Group of 738 Consecutive Primary Hip Arthroscopies Performed at a High-Volume Referral Center. *American Journal of Sports Medicine*. 2015 Jan 28.

Gupta A, **Redmond JM**, Hammarstedt JE, Stake CE, Domb BG. Does Obesity Affect Outcomes in Hip Arthroscopy? A Matched-Pair Controlled Study With Minimum 2-Year Follow up. *American Journal of Sports Medicine*. 2015 Jan 23.

Gupta A, **Redmond JM**, Hammarstedt JE, Lindner D, Stake CE, Domb BG. Does obesity affect outcomes after hip arthroscopy? A cohort analysis. *Journal of Bone and Joint Surgery American*. 2015 Jan 7; 97(1) 16-23.

Redmond JM, Gupta A, Cregar WM, Hammarstedt JE, Gui C, Domb BG. Arthroscopic treatment of labral tears in patients over 60. *Arthroscopy*. 2015, May 18

Redmond JM, Gupta A, Nasser R, Domb BG. The Hip-Spine Connection: Understanding its Importance in the Treatment of Hip Pathology. *Orthopedics*. 2015 Jan 1; 38(1) 49-55.

Redmond JM, Cregar WM, Gupta A, Hammarstedt JE, Martin TJ, Domb BG. Trochanteric Micropuncture: Treatment for Gluteus Medius Tendinopathy *Arthroscopic Techniques* (Accepted for Publication)

Redmond JM, Gupta A, Hammarstedt JE, Petrakos AE, Domb BG. The Learning Curve Associated with Robotic-Assisted Total Hip Arthroplasty. *Journal of Arthroplasty*. 2015 Jan; 30(1) 50-4

Redmond JM, Chen A, Domb BG. Greater Trochanteric Pain Syndrome. *Journal of American Academy of Orthopedic Surgery*. (Accepted for Publication)

Redmond JM, El Bitar YF, Gupta A, Stake CE, Domb BG. Arthroscopic Acetabuloplasty and Labral Refixation Without Detachment. *Am J Sports Med*. 2014 Nov 3

Domb BG, **Redmond JM**, Dunne KF, Stake CE, Gupta A. A Matched-Pair Controlled Study of Microfracture of the Hip with Average 2-Year Follow-up: Do Full-Thickness Chondral Defects Portend an Inferior Prognosis in Hip Arthroscopy? *Arthroscopy*. 2014 Dec 10

Redmond JM, Gupta A, Stake CA, Hammarstedt JE, Finch NA, Domb BG. Clinical Results of Hip Arthroscopy for Labral Tears: A Comparison Between Intraoperative Platelet-Rich Plasma and Bupivacaine Injection. 2014 Oct 29

Redmond JM, Hammarstedt JE, Gupta A, Dunne KF, Stake CE, Domb BG. Labral Injury: Radiographic Predictors at the Time of Hip Arthroscopy. *Arthroscopy*. 2014 Sep 5

Gupta A, **Redmond JM**, Hammarstedt JE, Schwindel L, Domb BG. Safety Measures in Hip Arthroscopy and Their Efficacy in Minimizing Complications: A Systematic Review of the Evidence. *Arthroscopy*. 2014 Oct; 30(10): 1342-8

Gupta A, **Redmond JM**, Stake CE, Finch NA, Dunne KF, Domb BG. Does the femoral cam lesion regrow after osteoplasty for femoroacetabular impingement? Two year follow up. *Am J Sports Med*. 2014 Sep; 42(9):2149-55

Domb BG, Gupta A, Hammarstedt JE, Stake CE, Sharp K, **Redmond JM**. The effect of liposomal bupivacaine injection during total hip arthroplasty: A controlled cohort study. *BMC Musculoskeletal Disord*. 2014 Sep 24; 15:310

Gupta A, **Redmond JM**, Hammarstedt JE, Stake CS, Domb BG. Arthroscopic Decompression of Central Acetabular Impingement with Notchplasty. *Arthroscopy Techniques*. 2014 Sep 1;3(5) 555-8

Redmond JM, Gupta A, Stake CE, Hammarstedt JE, Domb BG. The hip-spine syndrome: How does back pain impact the indications and outcomes of hip arthroscopy. *Arthroscopy* 2014 Jul; 30(7) 872-81

Redmond JM, Gupta A, Stake CE, Hammarstedt JE, Domb BG. Arthroscopic Labral Reconstruction of the Hip Using Local Capsular Autograft. *Arthroscopic Techniques*. 2014 May 27; 3(3) 355-9

Redmond JM, Gupta A, Stake CE, Domb BG. The Prevalence of Hip Labral and Chondral Lesions Identified by Method of Detection During Periacetabular Osteotomy: Arthroscopy Versus Arthrotomy. *Arthroscopy*. 2014 March; 30(3):382-388.

Domb DG, LaReau J, **Redmond JM**. Combined Hip Arthroscopy and Periacetabular Osteotomy: Indications, Advantages, Technique, and Complications. *Arthroscopic Techniques*. 2014 January; 3(1) 95-100.

Redmond, John M.; Domb, Benjamin. Labral Refixation: New Concepts and Techniques. *Techniques in Orthopaedics*. September 2012. 27(3):160-166

Redmond JM, Dajani K, Levy B, Cass J, Cole P. Detecting Vascular Injury in Lower Extremity Orthopedic Trauma: The Role of CT-Angiography. *Orthopedics*. 2008 Aug;31(8):761-7.

Redmond JM, Zhdankina O, Strand NL, Boman AL. Yeast GGA proteins interact with GTP-bound Arf and facilitate transport through the Golgi. *Yeast*. 2001 Jan; 1-18.

Book Chapters

Brooks, A, **Redmond JM**, Domb BG. Hip Diagnosis and Decision Making. DeLee and Drez's *Orthopedic Sports Medicine*. 4th Edition. 2014. Chapter 80.

Chen AW, **Redmond JM**, Dunne KF, Domb BG. Peritorchanteric Space Disorders: Anatomy and Management. *MRI-Arthroscopy Correlations: A Case-Based Atlas of the Knee, Shoulder, Elbow, and Hip* (Accepted for Publication)

Outside Interests

Golf, downhill skiing, water skiing, fishing, volleyball, weight-training/physical fitness

Volunteer Experience

Saint Mary's Duluth Clinic (5/01 - 9/01)

Duluth Woman's Shelter (5/99 - 9/99)

University of Minnesota-Duluth Tutoring Center (9/97 - 5/00)